Cass Junior High School November 2021

1

Chicken Patty Sandwich Pizza Turkey Ham & Cheddar Sandwich Sunbutter & Jelly Sandwich

> Tater Tots Baby Carrots 100% Fruit Juice

2

Hamburger Pizza Turkey & Cheese Sandwich Sunbutter & Jelly Sandwich

> Baked Beans Baby Carrots Applesauce

9

Soft Pretzel Pizza Ranch Chicken Wrap Sunbutter & Jelly Sandwich

Chicken Nuggets

Green Beans .Fresh Broccoli 100% Fruit Juice 4

Pizza BBQ Riblet Sandwich Chicken Ham & Cheese Sandwich Sunbutter & Jelly Sandwich

> Tater Tots Romaine Salad 100% Fruit Juice

5

Pizza
Toasted Cheese Sandwich
Turkey & Cheese Sandwich
Sunbutter & Jelly Sandwich

Corn Celery Sticks Applesauce

8

BBQ Riblet Sandwich Pizza Turkey Ham & Cheddar Sandwich Sunbutter & Jelly Sandwich

> Tater Tots Baby Carrots 100% Fruit Juice

9

Pizza Chicken Patty Sandwich Ranch Chicken Wrap Sunbutter & Jelly Sandwich

> Baked Beans Baby Carrots Applesauce

10

Hot Dog Pizza Turkey Ham & Cheddar Sandwich Sunbutter & Jelly Sandwich

> Corn Fresh Broccoli Diced Peaches

11

Popcorn Chicken W/Dinner Roll Pizza Turkey & Cheese Sandwich Sunbutter & Jelly Sandwich

> Tater Tots Romaine Salad 100% Fruit Juice

12

Pizza Corn Dog Chicken Ham & Cheese Sandwich Sunbutter & Jelly Sandwich

> Corn Celery Sticks Applesauce

15

Pizza Sticks Hamburger Turkey Ham & Cheddar Sandwich Sunbutter & Jelly Sandwich

> Tater Tots Baby Carrots 100% Fruit Juice

16

Pizza Pasta W/Meat Sauce Turkey & Cheese Sandwich Sunbutter & Jelly Sandwich

> Green Beans .Fresh Broccoli Diced Peaches

17

Pizza
Toasted Cheese Sandwich
Ranch Chicken Wrap
Sunbutter & Jelly Sandwich

Corn Baby Carrots Fresh Apple 18

Pizza Roast Turkey W/Gravy Turkey Ham & Cheddar Sandwich Sunbutter & Jelly Sandwich

> Mashed Potatoes Romaine Salad 100% Fruit Juice

19

Pizza Mac & Cheese Turkey & Cheese Sandwich Sunbutter & Jelly Sandwich

> Corn Celery Sticks Applesauce

22

No School

Parent/Teacher Conferences

23

No School

Parent/Teacher Conferences

24

Thanksgiving Break 25

Thanksgiving Break



200

Thanksgiving Break

29

Chicken Nuggets
Dinner Roll
Pizza
Turkey Ham & Cheddar
Sandwich
Sunbutter & Jelly Sandwich

Tater Tots Baby Carrots 100% Fruit Juice 30

Hot Dog Pizza Ranch Chicken Wrap Sunbutter & Jelly Sandwich

> Green Beans .Fresh Broccoli Diced Peaches

12/

String Cheese Pizza Turkey & Cheese Sandwich Sunbutter & Jelly Sandwich

French Toast Sticks

Corn Baby Carrots Fresh Apple 2

Cheeseburger Pizza Turkey Ham & Cheddar Sandwich Sunbutter & Jelly Sandwich

> Tater Tots Romaine Salad 100% Fruit Juice

Pizza Italian Mozzarella Melt Turkey & Cheese Sandwich Sunbutter & Jelly Sandwich

> Corn Celery Sticks Applesauce

Student Lunch Free to all students

Milk Offered Daily as part of lunch

All menus meet or exceed current USDA or state-specific Dietary Guidelines for the Healthy, Hunger-Free Kids Act.

Items listed with a RED* may contain Pork
All of our grain products are whole-grain rich
Menus are subject to change without notice

